

### Recreational and interactional activities onboard MV Mona Manx 12.05.20

Taking care of physical health is important and same goes for mental health. In order to facilitate and contribute to this awareness and importance, the vessels are equipped with different leisure/sport facilities, with mini version of a basket court being one. Here the crew of MV Mona Manx is utilizing the calm open sea in one of their crossings to utilize their time between duties to socialize, exercise and enjoy good time together. It is important in these challenging times to keep the moral high and jointly create environment of high spirits. Good job! to the entire crew of Mona Manx! We wish all our crew safe seas and happy sailings! UMMS – “Operating Clean, Safe and Happy ships”



